

## Trust Physical Education and Outdoor Learning Expectations.

The Consortium Academy Trust expects our children to experience high quality physical education, school sport and physical activity that will lead to life-long participation. This cannot be achieved within a single lesson of PE. The whole trust is responsible for ensuring pupils have the best opportunities at each stage of primary school.

The Trust operates under the GAG Pooling accounting principle. As such, the PE and ODL Grant from the Department of Education is also pooled. This means that funding can be utilised across the whole Trust to ensure equal opportunities and distribution of funds to all pupils within the Trust, irrespective of the size of the school.

### Break time and Lunchtime

We believe that break time and lunchtime should provide stimulating opportunities for creative play for all ages. Children should be encouraged to be active and socially inclusive. All schools should be providing the children with at least 30 minutes of 'physical, vigorous activity' a day, as recommended by the chief medical advisor; this may include the *Daily Mile* or *Active 15*.

### PE and School Sport Premium Spending

All schools have a responsibility to record their spending and the impact of the PESSP on their websites. The format can be localised to the schools but this must comply with the guidelines set by the DfE. All schools will undertake a PESSP review biannually by the trust. Academy head will be held accountable for any breaches of the guidelines.

### PE Lessons

Physical Education should be taught by a fully competent adult whose training gives them an understanding of the whole child. Schools should be aware of specific qualifications that are required to teach certain sports and the ratio of staff to pupils that they can teach.

Physical Education should enable children to develop and explore physical skills increasing-control and coordination. We should encourage our children to work and play with others in a range of group situations and to develop the enjoyment of physical activity through creativity and imagination.

There are no official guidelines that state the amount of PE that a child should receive. However, the trust believes that every child should be receiving as, an absolute minimum, an hour a week, 75% of this lesson should be physically moving. PE should not be used as a punishment or bargaining tool with a pupil as a result of behaviour.

### Outdoor Learning

All schools are expected to offer outdoor learning opportunities throughout the year. Outdoor learning provides children with physical, intellectual, emotional, social and spiritual development without the confines of walls. Children learn many transferable skills; communication, problem solving and risk taking that can become invaluable.

### Sporting Fixtures and Opportunities

The trust welcomes all schools to take part in sporting opportunities throughout the year. There is a fine balance that schools must be aware of with regards to the amount of missed curriculum time. We offer 9 trust wide fixtures throughout the academic year. Schools are expected to attend these where possible. Schools are free to access any other sports opportunities that they deem appropriate. All EVC forms should be completed before the event to ensure authorisation has been granted.

### **Trust PE lead**

The trusts PE and ODL lead is responsible for ensuring all schools are compliant and lessons will be monitored. This includes the central team, outside agencies, school based PE leads and class teachers. School based support will be given to all schools as and when needed. This can be staff training and mentoring, PE and School Sport Spending compliance, Action plan and curriculum development.